

# Individual Best Times (All Time)

Sophie Bennion - (1168952) - Coalville SC - 50 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
28.62	561	H	27/05/18	DX 2nd Long Course Open Meet	Sheffield	Co Leicester	1
28.87	546	H	07/05/18	Swim England East Midland Championships 2018	Sheffield	Co Leicester	1
28.92	544	F	29/05/17	ASA EM Region Youth Champs 2017	Sheffield	Co Leicester	1
28.98	540	H	02/12/17	Swim Wales Long Course Championships	Swansea	Co Leicester	1
28.99	540	F	07/05/18	Swim England East Midland Championships 2018	Sheffield	Co Leicester	1
29.01	539	H	24/03/18	City of Sheffield Swim Squad Premier Meet 2018	Sheffield	Co Leicester	1
29.06	536	H	29/05/17	ASA EM Region Youth Champs 2017	Sheffield	Co Leicester	1
29.19	529	H	19/05/18	Nova Centurion May Level 1 LC Open Meet	Nottingham	Co Leicester	1
29.29	523	H	09/07/17	Northampton 2017 Long Course Summer Festival	Corby	Co Leicester	3
29.30	523	H	08/07/18	Northampton Swimming Club 2018 LC Summer Festival	Corby	Co Leicester	3
29.54	510	H	26/03/17	City of Sheffield Premier Meet	Sheffield	Co Leicester	1
30.48	464	H	29/05/16	ASA East Midland Region Swimming Champs	Corby	Co Leicester	1
31.12	436	H	13/03/16	City of Sheffield March Madness Meet	Sheffield	Co Leicester	3
31.64	415	H	15/05/16	Northampton 2016 Long Course Spring Festival	Corby	Co Leicester	1
32.47	384	H	05/09/15	Worksop Dolphins The 31st Dukeries Open Meet	Sheffield		3
32.58	380	H	19/09/15	City of Coventry SC 50m Sprints	Coventry		3
36.22	276	H	30/08/14	Worksop Dolphins The 30th Dukeries Open Meet	Sheffield		3
37.71	245	H	29/06/14	City of Leicester Long Course Sprint Meet	Loughborough	Coalville	3
40.61	196	H	02/03/14	Leicestershire County Age Groups & Champs	Corby	Coalville	1

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
29.30	523	H	08/07/18	Northampton Swimming Club 2018 LC Summer Festival	Corby	Co Leicester	3
28.62	561	H	27/05/18	DX 2nd Long Course Open Meet	Sheffield	Co Leicester	1
29.19	529	H	19/05/18	Nova Centurion May Level 1 LC Open Meet	Nottingham	Co Leicester	1
28.99	540	F	07/05/18	Swim England East Midland Championships 2018	Sheffield	Co Leicester	1

28.87	546	H	07/05/18	Swim England East Midland Championships 2018	Sheffield	Co Leicester	1
29.01	539	H	24/03/18	City of Sheffield Swim Squad Premier Meet 2018	Sheffield	Co Leicester	1
28.98	540	H	02/12/17	Swim Wales Long Course Championships	Swansea	Co Leicester	1
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37.71	245	H	29/06/14	City of Leicester Long Course Sprint Meet	Loughborough	Coalville	3
40.61	196	H	02/03/14	Leicestershire County Age Groups & Champs	Corby	Coalville	1