

# Individual Best Times (All Time)

Joanna Flowers - (1160571) - Blackpool Aquatics ASC - 100 Freestyle - Long Course

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:09.29	415	H	21/03/15	Lancashire County Age Groups & Championships	Manchester	Blackpool Aq	1

## Swims in Date Order

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