Individual Best Times (All Time)

Lucy Cape - (1154770) - Harrogate District SC - 200 Individual Medley - Long Course

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level	
2:55.39	371	Н	06/05/17	Rotherham Metro Springtime Long Course Meet	Sheffield	Harrogate	3	

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:55.39	371	Н	06/05/17	Rotherham Metro Springtime Long Course Meet	Sheffield	Harrogate	3