

# Individual Best Times (All Time)

Lucy Cape - (1154770) - Harrogate District SC - 50 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
36.61	394	H	02/04/17	City of Sunderland National Qualifier 2017	Sunderland	Harrogate	1
37.32	372	H	11/02/17	Yorkshire SA County Championships	Sheffield	Harrogate	1
37.58	365	H	21/01/17	City of Sunderland SC New Year Meet 2017	Sunderland	Harrogate	1
39.31	319	H	27/02/16	Yorkshire County Championships	Sheffield	Harrogate	1
46.32	194	H	16/11/13	Sheffield City 25th B Grade Meet	Sheffield	Harrogate	3

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
36.61	394	H	02/04/17	City of Sunderland National Qualifier 2017	Sunderland	Harrogate	1
37.32	372	H	11/02/17	Yorkshire SA County Championships	Sheffield	Harrogate	1
37.58	365	H	21/01/17	City of Sunderland SC New Year Meet 2017	Sunderland	Harrogate	1
39.31	319	H	27/02/16	Yorkshire County Championships	Sheffield	Harrogate	1
46.32	194	H	16/11/13	Sheffield City 25th B Grade Meet	Sheffield	Harrogate	3