

Individual Best Times (All Time)

Arron Fitzsimmons - (1151820) - Pembrokeshire County Swimming - 400 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:48.33	337	F	16/09/18	Swim Wales Legends Meet	Swansea	PembrokeDist	1
5:49.99	332	F	31/03/18	Swim Wales LC Championships	Swansea	PembrokeDist	1
5:55.23	318	F	16/09/17	Swim Wales Legends Meet	Swansea	PembrokeDist	1
6:13.59	273	F	05/08/16	Swim Wales Summer Nationals	Swansea	Pembs Cty	1
7:02.07	189	F	26/07/15	Swim Wales Summer Open Meet	Swansea	Pembs Cty	1
7:03.19	188	F	17/05/15	Swim Swansea Open Meet	Swansea	PembrokeDist	1
7:31.71	154	F	11/01/15	Swim Wales Open New Year Meet	Swansea	Pembs Cty	1

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