

Individual Best Times (All Time)

Freya Ovenstone - (1146121) - Richmond Dales ASC - 400 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:04.01	464	H	28/04/18	Richmond Dales April Fool Gala	Leeds	RichmondDale	3
5:08.29	445	H	06/04/19	Manchester Open 2019	Manchester	RichmondDale	1
5:18.39	404	H	28/01/17	Chester le Street & Derwentside Burns Open Meet	Sheffield	RichmondDale	1
5:18.59	403	H	26/01/19	Chester le Street ASC and Derwentside Burns Meet	Sheffield	RichmondDale	1
5:22.99	387	H	27/01/18	Burns Meet 2018	Sheffield	RichmondDale	1
5:25.41	378	H	09/04/16	Richmond Dales Open Meet	Leeds	RichmondDale	1

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