

Individual Best Times (All Time)

Isabella Ashford - (1145912) - Paignton SC - 200 Freestyle - Long Course

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:53.25	276	F	31/03/19	PL Spring Regional Qualifier L1 & L3 Open 2019	Plymouth	Paignton	1

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:53.25	276	F	31/03/19	PL Spring Regional Qualifier L1 & L3 Open 2019	Plymouth	Paignton	1