## **Individual Best Times (All Time)**

Jessica Spooner - (1145267) - Deepings SC - 200 Freestyle - Long Course Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:15.96	571	Н	13/01/18	City of Derby 17th LC Level 1 Licensed Open Meet	Sheffield	Deepings	1
2:19.82	525	Н	22/10/17	Nova Centurion SC October Level 1 Open Meet	Nottingham	Deepings	1
2:20.01	523	Н	15/04/18	Swim England East Midland Championships 2018	Sheffield	Deepings	1
2:22.13	500	Н	09/04/17	Derventio Excel 11th LC Open Meet	Sheffield	Deepings	1
2:30.02	425	Н	02/07/16	50m Netherlands Invitational Meet	Eindhoven	Deepings	1
2:36.69	373		05/07/15	17th Netherlands Invitational Meet L1 2015	Eindhoven	Deepings	1

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