

Individual Best Times (All Time)

Jessica Spooner - (1145267) - Deepings SC - 200 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:44.70	449	H	29/01/17	Chester le Street & Derwentside Burns Open Meet	Sheffield	Deepings	1
2:45.28	444	H	14/05/17	Northampton 2017 Long Course Spring Festival	Corby	Deepings	1
2:45.87	439	H	08/04/17	Derventio Excel 11th LC Open Meet	Sheffield	Deepings	1
2:47.79	424		02/07/17	19th Netherlands Invitational Meet	Eindhoven	Deepings	1
2:47.79	424	H	02/07/17	19th Netherlands Invitational Meet	Eindhoven	Deepings	1
2:49.87	409	H	18/12/16	Northampton Winter Festival	Corby	Deepings	3
2:52.91	388	H	10/07/16	Northampton 2016 Long Course Summer Festival	Corby	Deepings	3
2:54.22	379	H	03/07/16	50m Netherlands Invitational Meet	Eindhoven	Deepings	1
3:07.87	302	H	12/07/15	Northampton Summer Festival Open Meet	Corby		3
3:17.00	262		05/07/15	17th Netherlands Invitational Meet L1 2015	Eindhoven	Deepings	1
3:38.19	193	H	13/07/14	Northampton Summer Festival Open Meet	Corby	Deepings	3

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