

# Individual Best Times (All Time)

Jessica Spooner - (1145267) - Deepings SC - 50 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
33.78	502		02/07/17	19th Netherlands Invitational Meet	Eindhoven	Deepings	1
33.78	502	H	02/07/17	19th Netherlands Invitational Meet	Eindhoven	Deepings	1
33.85	499	H	13/05/17	Northampton 2017 Long Course Spring Festival	Corby	Deepings	1
34.04	491	H	25/03/17	City of Sheffield Premier Meet	Sheffield	Deepings	1
34.14	486	H	13/01/18	City of Derby 17th LC Level 1 Licensed Open Meet	Sheffield	Deepings	1
34.37	477	H	28/01/17	Chester le Street & Derwentside Burns Open Meet	Sheffield	Deepings	1
34.41	475	H	09/07/16	Northampton 2016 Long Course Summer Festival	Corby	Deepings	3
34.56	469	H	22/10/17	Nova Centurion SC October Level 1 Open Meet	Nottingham	Deepings	1
34.66	465	H	17/12/16	Northampton Winter Festival	Corby	Deepings	3
34.72	462	H	09/04/17	Derventio Excel 11th LC Open Meet	Sheffield	Deepings	1
34.74	462	H	07/05/18	Swim England East Midland Championships 2018	Sheffield	Deepings	1
34.91	455	H	14/05/16	Northampton 2016 Long Course Spring Festival	Corby	Deepings	1
34.98	452	H	03/07/16	50m Netherlands Invitational Meet	Eindhoven	Deepings	1
35.39	437	H	30/01/16	Burns Open Meet 2016	Sheffield	Deepings	1
38.03	352	H	11/07/15	Northampton Summer Festival Open Meet	Corby		3
38.67	335		05/07/15	17th Netherlands Invitational Meet L1 2015	Eindhoven	Deepings	1
41.83	264	H	12/07/14	Northampton Summer Festival Open Meet	Corby	Deepings	3

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
34.74	462	H	07/05/18	Swim England East Midland Championships 2018	Sheffield	Deepings	1
34.14	486	H	13/01/18	City of Derby 17th LC Level 1 Licensed Open Meet	Sheffield	Deepings	1
34.56	469	H	22/10/17	Nova Centurion SC October Level 1 Open Meet	Nottingham	Deepings	1
33.78	502	H	02/07/17	19th Netherlands Invitational Meet	Eindhoven	Deepings	1
33.78	502		02/07/17	19th Netherlands Invitational Meet	Eindhoven	Deepings	1
33.85	499	H	13/05/17	Northampton 2017 Long Course Spring Festival	Corby	Deepings	1

34.72	462	H	09/04/17	Derventio Excel 11th LC Open Meet	Sheffield	Deepings	1
34.04	491	H	25/03/17	City of Sheffield Premier Meet	Sheffield	Deepings	1
34.37	477	H	28/01/17	Chester le Street & Derwentside Burns Open Meet	Sheffield	Deepings	1
34.66	465	H	17/12/16	Northampton Winter Festival	Corby	Deepings	3
34.41	475	H	09/07/16	Northampton 2016 Long Course Summer Festival	Corby	Deepings	3
34.98	452	H	03/07/16	50m Netherlands Invitational Meet	Eindhoven	Deepings	1
34.91	455	H	14/05/16	Northampton 2016 Long Course Spring Festival	Corby	Deepings	1
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