

Individual Best Times (All Time)

Jessica Spooner - (1145267) - Deepings SC - 50 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
29.53	511	H	26/03/17	City of Sheffield Premier Meet	Sheffield	Deepings	1
29.82	496	H	01/07/17	19th Netherlands Invitational Meet	Eindhoven	Deepings	1
29.82	496		02/07/17	19th Netherlands Invitational Meet	Eindhoven	Deepings	1
29.86	494	H	29/01/17	Chester le Street & Derwentside Burns Open Meet	Sheffield	Deepings	1
29.94	490	H	14/01/18	City of Derby 17th LC Level 1 Licensed Open Meet	Sheffield	Deepings	1
30.04	485	H	09/04/17	Derventio Excel 11th LC Open Meet	Sheffield	Deepings	1
30.19	478	H	14/05/17	Northampton 2017 Long Course Spring Festival	Corby	Deepings	1
30.25	475	H	18/12/16	Northampton Winter Festival	Corby	Deepings	3
30.47	465	H	07/10/17	Lincoln Vulcans Long Course Open Meet	Sheffield	Deepings	1
31.02	440	H	15/05/16	Northampton 2016 Long Course Spring Festival	Corby	Deepings	1
31.36	426	H	10/07/16	Northampton 2016 Long Course Summer Festival	Corby	Deepings	3
31.82	408	H	02/07/16	50m Netherlands Invitational Meet	Eindhoven	Deepings	1
33.41	352	H	12/07/15	Northampton Summer Festival Open Meet	Corby		3
34.99	307		05/07/15	17th Netherlands Invitational Meet L1 2015	Eindhoven	Deepings	1
36.79	264	H	13/07/14	Northampton Summer Festival Open Meet	Corby	Deepings	3

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