Individual Best Times (All Time)

Benjamin Beedell - (1145254) - Deepings SC - 200 Breaststroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|--|-----------|-----------------|-------|
| 2:55.61 | 364 | F | 15/05/16 | Northampton 2016 Long Course Spring Festival | Corby | Deepings | 1 |
| 3:03.59 | 319 | Н | 15/05/16 | Northampton 2016 Long Course Spring Festival | Corby | Deepings | 1 |
| 3:04.11 | 316 | Н | 01/05/16 | ASA East Midland Region Swimming Champs | Sheffield | Deepings | 1 |
| 3:08.66 | 294 | Н | 19/12/15 | Northampton 2015 Long Course Winter Festival | Corby | Deepings | 1 |

Swims in Date Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|--|-----------|-----------------|-------|
| 2:55.61 | 364 | F | 15/05/16 | Northampton 2016 Long Course Spring Festival | Corby | Deepings | 1 |
| 3:03.59 | 319 | Н | 15/05/16 | Northampton 2016 Long Course Spring Festival | Corby | Deepings | 1 |
| 3:04.11 | 316 | Н | 01/05/16 | ASA East Midland Region Swimming Champs | Sheffield | Deepings | 1 |
| 3:08.66 | 294 | Н | 19/12/15 | Northampton 2015 Long Course Winter Festival | Corby | Deepings | 1 |