

Individual Best Times (All Time)

Benjamin Beedell - (1145254) - Deepings SC - 400 Individual Medley - Long Course

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:32.23	388	H	30/04/16	ASA East Midland Region Swimming Champs	Sheffield	Deepings	1

Swims in Date Order

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