

# Individual Best Times (All Time)

Laith Ali - (1145001) - Rushmoor Royals SC - 50 Breaststroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
55.77	100	H	20/11/15	ISA London West Regional Championships 2015	Aldershot		3
56.07	99	H	20/11/14	ISA London West Regional Championships	Guildford		3
57.27	93	H	11/01/15	Rushmoor Royals 9th New Year Open Meet	Aldershot		3
58.49	87	H	05/07/14	Rushmoor Royals SC Summer Open Meet	Aldershot	Rushmoor Ryl	3

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