Individual Best Times (All Time)

Laith Ali - (1145001) - Rushmoor Royals SC - 200 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
3:37.82	102	Н	28/09/14	Rushmoor Royals SC Club Championships 2014	Aldershot		4
3:38.47	101	Н	11/01/15	Rushmoor Royals 9th New Year Open Meet	Aldershot		3
4:28.81	54	Н	22/09/13	Rushmoor Royals Club Championships	Guildford	Rushmoor Ryl	4

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