

Individual Best Times (All Time)

Laith Ali - (1145001) - Rushmoor Royals SC - 50 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
42.32	120	H	20/11/14	ISA London West Regional Championships	Guildford		3
43.13	113	H	24/01/15	ISA National Swimming Championships	London		3
44.29	105	H	10/01/15	Rushmoor Royals 9th New Year Open Meet	Aldershot		3
44.29	105	H	20/11/15	ISA London West Regional Championships 2015	Aldershot		3
44.92	100	H	05/07/14	Rushmoor Royals SC Summer Open Meet	Aldershot	Rushmoor Ryl	3

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