

# Individual Best Times (All Time)

Casey Rook - (1144213) - Reading SC - 200 Breaststroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:44.82	441	F	21/07/19	2019 Wycombe End of Season Long Course Meet	High Wycombe	Wycombe Dist	3
2:47.25	422	H	12/01/19	Berkshire & S Buckinghamshire County Champs 2019	Wycombe	Wycombe Dist	1
2:48.33	414	H	11/01/20	BSBASA County Championships	Wycombe	Maidenhead	1
2:48.83	410	H	20/04/19	Portsmouth Northsea Easter Meet	Mountbatten SC	Wycombe Dist	1
2:55.69	364	F	23/09/18	WDSC Club Championships 2018	Wycombe	Wycombe Dist	4
2:57.00	356	H	05/08/18	Swim Wales Summer Nationals	Swansea	Wycombe Dist	1
3:04.71	313	H	13/01/18	Berks & Sth Bucks County Championships	Wycombe	Wycombe Dist	1
3:07.51	299	F	15/07/17	Portsmouth Northsea End of Season Meet	Portsmouth	Reading	3
3:10.42	286	H	25/03/17	Bracknell Wokingham Spring Level 3 Open Meet	Aldershot	Reading	3
3:22.90	236	F	17/07/16	Wycombe District End of Season Open Meet 2016	Wycombe	Reading	3
3:25.80	226	H	16/04/16	Bracknell Wokingham Spring L3 Meet	Aldershot	Reading	3

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