

Individual Best Times (All Time)

Charlie Hands - (1142888) - Witham Dolphins SC - 200 Breaststroke - Long Course

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
3:09.09	292	H	28/10/17	Essex Senior Winter Championships 2017	Basildon	Witham Dolph	1

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