

Individual Best Times (All Time)

Heloise Hall - (1142885) - Witham Dolphins SC - 100 Backstroke - Long Course

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:32.17	240	H	20/07/14	Basildon & Phoenix End of Season Meet	Basildon	Witham Dolph	3

Swims in Date Order

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