

Individual Best Times (All Time)

James Sproston - (1138747) - Erith & District SC - 50 Breaststroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
40.21	268	H	07/07/19	21st Netherlands Invitational Meet 2019	Eindhoven		1
42.73	223	H	07/07/18	20th Netherlands Invitational Meet 2018	Eindhoven		1

Swims in Date Order

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