

Individual Best Times (All Time)

Joshua Jones - (1134340) - Carmarthen - 400 Freestyle - Long Course

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:12.61	348	F	10/04/16	City of Wells Open Meet	Millfield	Carmarthen	3

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
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