

# Individual Best Times (All Time)

Rebecca Armstrong - (1131245) - Bor of Waltham Forest (Gators) - 50 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
34.83	458	H	02/02/19	ESSEX AGE GROUP CHAMPS 2019	LONDON	Bo Waltham F	1
34.96	453	H	01/02/20	Essex Age Group Championships 2020	London	Bo Waltham F	1
35.73	424	H	13/05/17	2017 London Swimming Regional AG Champs	Stratford	Bo Waltham F	1
35.96	416	F	06/02/16	Essex Age Group Championships 2016	London	Bo Waltham F	1
35.96	416	F	06/02/16	Essex Age Group Championships 2016	Basildon	Bo Waltham F	1
35.96	416	H	18/03/17	Rushmoor Royals L1 Spring National Qualifier Open	Aldershot	Bo Waltham F	1
35.97	416	H	03/02/18	Essex Age Group Championships 2018	London	Bo Waltham F	1
36.30	405	H	07/05/16	London Region Age Grp Summer Championships	Crystal Palace	Bo Waltham F	1
36.39	402	H	04/02/17	Essex Age Group Championships	London	Bo Waltham F	1
36.39	402	H	04/02/17	Essex Age Group Championships 2017	Basildon	Bo Waltham F	1
36.78	389	F	17/07/16	BWFSC Summer Meet 2016	London	Bo Waltham F	3
36.83	387	H	19/03/16	Rushmoor Royals L1 Spring National Qualifier	Aldershot	Bo Waltham F	1
36.90	385	H	06/02/16	Essex Age Group Championships 2016	London	Bo Waltham F	1
36.90	385	H	06/02/16	Essex Age Group Championships 2016	Basildon	Bo Waltham F	1
36.92	385	F	07/07/19	BWFSC Summer Meet Level 3	London	Bo Waltham F	3
38.51	339	H	11/07/15	Rushmoor Royals Summer LC L3 Open Meet	Aldershot		3

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Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
34.96	453	H	01/02/20	Essex Age Group Championships 2020	London	Bo Waltham F	1
36.92	385	F	07/07/19	BWFSC Summer Meet Level 3	London	Bo Waltham F	3
34.83	458	H	02/02/19	ESSEX AGE GROUP CHAMPS 2019	LONDON	Bo Waltham F	1
35.97	416	H	03/02/18	Essex Age Group Championships 2018	London	Bo Waltham F	1
35.73	424	H	13/05/17	2017 London Swimming Regional AG Champs	Stratford	Bo Waltham F	1
35.96	416	H	18/03/17	Rushmoor Royals L1 Spring National Qualifier Open	Aldershot	Bo Waltham F	1
36.39	402	H	04/02/17	Essex Age Group Championships	London	Bo Waltham F	1

36.39	402	H	04/02/17	Essex Age Group Championships 2017	Basildon	Bo Waltham F	1
36.78	389	F	17/07/16	BWFSC Summer Meet 2016	London	Bo Waltham F	3
36.30	405	H	07/05/16	London Region Age Grp Summer Championships	Crystal Palace	Bo Waltham F	1
36.83	387	H	19/03/16	Rushmoor Royals L1 Spring National Qualifier	Aldershot	Bo Waltham F	1
35.96	416	F	06/02/16	Essex Age Group Championships 2016	London	Bo Waltham F	1
35.96	416	F	06/02/16	Essex Age Group Championships 2016	Basildon	Bo Waltham F	1
36.90	385	H	06/02/16	Essex Age Group Championships 2016	London	Bo Waltham F	1
36.90	385	H	06/02/16	Essex Age Group Championships 2016	Basildon	Bo Waltham F	1
38.51	339	H	11/07/15	Rushmoor Royals Summer LC L3 Open Meet	Aldershot		3