

# Individual Best Times (All Time)

Rebecca Armstrong - (1131245) - Bor of Waltham Forest (Gators) - 50 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
30.46	465	H	02/02/19	ESSEX AGE GROUP CHAMPS 2019	LONDON	Bo Waltham F	1
30.48	464	H	03/02/18	Essex Age Group Championships 2018	London	Bo Waltham F	1
30.53	462	H	01/02/20	Essex Age Group Championships 2020	London	Bo Waltham F	1
30.86	447	F	01/10/17	BWFSC County Qualifier Meet	London Aqua Centre	Bo Waltham F	3
31.01	441	H	04/02/17	Essex Age Group Championships	London	Bo Waltham F	1
31.01	441	H	04/02/17	Essex Age Group Championships 2017	Basildon	Bo Waltham F	1
31.15	435	H	13/05/17	2017 London Swimming Regional AG Champs	Stratford	Bo Waltham F	1
31.64	415	H	06/02/16	Essex Age Group Championships 2016	London	Bo Waltham F	1
31.64	415	H	06/02/16	Essex Age Group Championships 2016	Basildon	Bo Waltham F	1
31.73	411	F	06/02/16	Essex Age Group Championships 2016	London	Bo Waltham F	1
31.73	411	F	06/02/16	Essex Age Group Championships 2016	Basildon	Bo Waltham F	1
31.81	408	F	17/07/16	BWFSC Summer Meet 2016	London	Bo Waltham F	3
32.30	390	F	27/09/15	BWFSC County Qualifier Meet 2015	London	Bo Waltham F	3
33.96	336	H	12/07/15	Rushmoor Royals Summer LC L3 Open Meet	Aldershot		3
34.98	307	F	04/01/15	BWFSC Level 1 Long Course Meet	London	Bo Waltham F	1

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