Individual Best Times (All Time)

Angus lain Young - (1129644) - Alloa ASC - 200 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:28.13	455	F	14/01/18	2018 SS West District LC January Age Group Meet	East Kilbride	Alloa	1
2:29.81	440	Н	01/04/18	Scottish National Age Group Championships	Tollcross	Alloa	1
2:30.36	435	F	18/02/18	2018 WD Long Course Championships - Round 2	Glasgow	Alloa	1
2:34.56	401	Н	02/04/17	Scottish National Age Group Championships	Aberdeen	Alloa	1
2:35.01	397	F	05/02/17	2017 SASA West District Championships	East Kilbride	Alloa	1
2:38.85	369	F	05/03/17	2017 SASA West District LC AG R3 Championship	East Kilbride	Alloa	1
2:46.32	322	Н	02/04/16	Scottish National Age Group Championships	Glasgow	Alloa	1
2:48.78	308	Н	06/03/16	SASA West District LC AG Round 3	East Kilbride		1
2:50.29	300	F	06/03/16	SASA West District LC AG Round 3	East Kilbride	Alloa	1

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