

Individual Best Times (All Time)

Daniel Samuel - (1129640) - Barking & Dagenham Aquatics Club - 200 Breaststroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
3:03.29	320	H	19/02/17	Essex Age Group Championships 2017	Basildon	Bark & Dagen	1
3:05.95	307	H	19/07/15	Basildon & Phoenix LC End of Season Meet	Basildon		3
3:08.41	295	F	19/04/15	Crawley Spring LC Open Meet 2015	Crawley	Bark & Dagen	1
3:08.96	292	F	31/10/15	City of Bristol SC Level 3 Open Meet	Hengrove		3
3:10.49	285	H	24/01/16	Essex Age Group Championships 2016	Basildon	Bark & Dagen	1
3:10.49	285	H	24/01/16	Essex Age Group Championships 2016	Basildon	Bark & Dagen	1
3:11.32	282	F	11/04/15	City of Bristol Level 1 April Meet	Bristol	Bark & Dagen	1
3:12.51	276	H	25/10/14	Rushmoor Royals 11th Autumn Meet	Aldershot		1
3:12.88	275	F	01/11/14	City of Bristol Open Meet	Bristol		3
3:17.60	256	H	10/05/15	London Region Summer Championships	London		1
3:47.43	167	H	14/07/13	Wycombe District SC End of Season Meet	Wycombe		3

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