

# Individual Best Times (All Time)

Daniel Samuel - (1129640) - Barking & Dagenham Aquatics Club - 400 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:55.52	317	H	23/01/16	Essex Age Group Championships 2016	Basildon	Bark & Dagen	1
5:55.52	317	H	23/01/16	Essex Age Group Championships 2016	Basildon	Bark & Dagen	1
6:01.63	301	F	01/11/14	City of Bristol Open Meet	Bristol		3

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