

# Individual Best Times (All Time)

Daniel Gencas - (1129633) - Loughborough University Swimming - 200 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:55.09	696	F	28/07/19	British Summer Championships	Glasgow	Romford Town	1
1:55.18	694	F	14/03/20	2020 London Region Spring Open Meet	London	Romford Town	1
1:55.84	682	H	01/03/20	Essex Age Group Championships 2020	Basildon	Romford Town	1
1:56.44	672	H	28/07/19	British Summer Championships	Glasgow	Romford Town	1
1:56.58	669	F	18/01/20	C. o. C. Welsh Capital Open Meet 2020	Cardiff	Romford Town	1
1:56.97	663	F	04/05/19	London 2019 Long Course Summer Championships	London Aquatics Cnt	Romford Town	1
1:57.00	662	F	23/03/19	Wycombe Swimming's 4th LC Premier Meet	Wycombe	Romford Town	1
1:57.36	656	F	05/05/18	2018 London Swimming Regional Summer Champs	Stratford	Romford Town	1
1:57.66	651	H	14/04/19	Newham & East London L1 National Qualifying Meet	London	Romford Town	1
1:58.27	641		22/02/19	McCullagh International Meet	Bangor		1
1:59.51	621	F	25/07/21	London Region Festival of Swimming Meet 2021	London Aquatic C		1
2:00.19	611	H	15/04/18	N&EL L1 National Qualifying Meet	London	Romford Town	1
2:00.22	610	F	25/05/18	Cardiff International Open Meet	Cardiff	Romford Town	1
2:00.52	606	H	24/11/18	RTSC Early County Qualifiers 2018	London	Romford Town	3
2:00.78	602	H	04/05/19	London 2019 Long Course Summer Championships	London Aquatics Cnt	Romford Town	1
2:00.95	599	H	14/07/18	RTSC End of Season Open Meet 2018	London Aquatic Ctr	Romford Town	3
2:00.99	599	F	10/03/18	WDSC Long Course Premier Open Meet	Wycombe	Romford Town	1
2:01.54	591	H	29/07/18	British Summer Championships	Sheffield	Romford Town	1
2:01.71	588	H	25/05/18	Cardiff International Open Meet	Cardiff	Romford Town	1
2:02.10	582	H	05/05/18	2018 London Swimming Regional Summer Champs	Stratford	Romford Town	1
2:02.55	576	H	18/02/18	Essex Age Group Championships 2018	Basildon	Romford Town	1
2:06.22	527	H	07/10/17	Lincoln Vulcans Long Course Open Meet	Sheffield	Romford Town	1
2:06.54	523	H	25/11/17	Romford Town Early County Qualifier	London Aquatics	Romford Town	3
2:06.93	518	H	04/11/17	2017 London Swimming Regional Winter Champs	London	Romford Town	1
2:07.19	515	H	20/05/17	2017 London Swimming Regional Age Group Champs	Crystal Palace	Romford Town	1
2:07.74	509	F	20/05/17	2017 London Swimming Regional Age Group Champs	Crystal Palace	Romford Town	1
2:08.00	506	H	15/07/17	RTSC End of Season Meet 2017	London	Romford Town	3

2:06.00	500	F	13/07/17	RTSC End of Season Meet 2017	London	Romford Town	3
2:10.38	478	F	04/11/17	2017 London Swimming Regional Winter Champs	London	Romford Town	1
2:10.52	477	F	11/03/17	Wycombe Long Course Premier Open Meet	Wycombe	Romford Town	1
2:11.54	466	H	15/04/17	Team Luton April Long Course Meet 2017	Luton	Romford Town	1
2:11.79	463	H	19/02/17	Essex Age Group Championships 2017	Basildon	Romford Town	1
2:13.78	443	H	26/11/16	Romford Town County Qualifiers Meet 2016	London	Romford Town	3
2:17.31	409	H	21/05/16	London Region Summer Age Grp Championships	Crystal Palace	Romford Town	1
2:17.75	405	F	13/03/16	Wycombe Inaugural LC Premier Meet	Wycombe		1
2:23.65	358	H	21/02/16	Essex Age Group Championships 2016	Basildon	Romford Town	1
2:25.89	341	F	15/06/14	London Region Age Group Championships	Stratford		1
2:26.34	338	H	15/06/14	London Region Age Group Championships	Stratford		1
2:27.58	330	F	19/04/14	UEA City of Norwich Easter LC Meet 2014	Norwich		1
2:28.29	325	F	01/11/14	City of Bristol Open Meet	Bristol		3
2:28.51	323	H	26/10/14	Rushmoor Royals 11th Autumn Meet	Aldershot		1
2:39.27	262	F	02/11/13	City of Bristol SC Level 3 LC Open Meet	Bristol		3
2:47.83	224	H	13/07/13	Wycombe District SC End of Season Meet	Wycombe		3

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:59.51	621	F	25/07/21	London Region Festival of Swimming Meet 2021	London Aquatic C		1
1:55.18	694	F	14/03/20	2020 London Region Spring Open Meet	London	Romford Town	1
1:55.84	682	H	01/03/20	Essex Age Group Championships 2020	Basildon	Romford Town	1
1:56.58	669	F	18/01/20	C. o. C. Welsh Capital Open Meet 2020	Cardiff	Romford Town	1
1:55.09	696	F	28/07/19	British Summer Championships	Glasgow	Romford Town	1
1:56.44	672	H	28/07/19	British Summer Championships	Glasgow	Romford Town	1
1:56.97	663	F	04/05/19	London 2019 Long Course Summer Championships	London Aquatics Cnt	Romford Town	1
2:00.78	602	H	04/05/19	London 2019 Long Course Summer Championships	London Aquatics Cnt	Romford Town	1
1:57.66	651	H	14/04/19	Newham & East London L1 National Qualifying Meet	London	Romford Town	1
1:57.00	662	F	23/03/19	Wycombe Swimming's 4th LC Premier Meet	Wycombe	Romford Town	1
1:58.27	641		22/02/19	McCullagh International Meet	Bangor		1
2:00.52	606	H	24/11/18	RTSC Early County Qualifiers 2018	London	Romford Town	3
2:01.54	591	H	29/07/18	British Summer Championships	Sheffield	Romford Town	1
2:00.95	599	H	14/07/18	RTSC End of Season Open Meet 2018	London Aquatic Ctr	Romford Town	3
2:00.22	610	F	25/05/18	Cardiff International Open Meet	Cardiff	Romford Town	1
2:01.71	588	H	25/05/18	Cardiff International Open Meet	Cardiff	Romford Town	1
1:57.36	656	F	05/05/18	2018 London Swimming Regional Summer Champs	Stratford	Romford Town	1
2:02.10	582	H	05/05/18	2018 London Swimming Regional Summer Champs	Stratford	Romford Town	1
2:00.19	611	H	15/04/18	N&EL L1 National Qualifying Meet	London	Romford Town	1
2:00.99	599	F	10/03/18	WDSC Long Course Premier Open Meet	Wycombe	Romford Town	1
2:02.55	576	H	18/02/18	Essex Age Group Championships 2018	Basildon	Romford Town	1
2:06.54	523	H	25/11/17	Romford Town Early County Qualifier	London Aquatics	Romford Town	3
2:10.38	478	F	04/11/17	2017 London Swimming Regional Winter Champs	London	Romford Town	1
2:06.93	518	H	04/11/17	2017 London Swimming Regional Winter Champs	London	Romford Town	1
2:06.22	527	H	07/10/17	Lincoln Vulcans Long Course Open Meet	Sheffield	Romford Town	1
2:08.00	506	H	15/07/17	RTSC End of Season Meet 2017	London	Romford Town	3
2:07.74	509	F	20/05/17	2017 London Swimming Regional Age Group Champs	Crystal Palace	Romford Town	1
2:07.19	515	H	20/05/17	2017 London Swimming Regional Age Group Champs	Crystal Palace	Romford Town	1
2:11.54	466	H	15/04/17	Team Luton April Long Course Meet 2017	Luton	Romford Town	1
2:10.52	477	F	11/03/17	Wycombe Long Course Premier Open Meet	Wycombe	Romford Town	1
2:11.79	463	H	19/02/17	Essex Age Group Championships 2017	Basildon	Romford Town	1
2:13.78	443	H	26/11/16	Romford Town County Qualifiers Meet 2016	London	Romford Town	3
2:17.31	409	H	21/05/16	London Region Summer Age Grp Championships	Crystal Palace	Romford Town	1
2:17.75	405	F	13/03/16	Wycombe Inaugural LC Premier Meet	Wycombe		1

							Page 3 / 3
2:23.65	358	H	21/02/16	Essex Age Group Championships 2016	Basildon	Romford Town	1
2:28.29	325	F	01/11/14	City of Bristol Open Meet	Bristol		3
2:28.51	323	H	26/10/14	Rushmoor Royals 11th Autumn Meet	Aldershot		1
2:25.89	341	F	15/06/14	London Region Age Group Championships	Stratford		1
2:26.34	338	H	15/06/14	London Region Age Group Championships	Stratford		1
2:27.58	330	F	19/04/14	UEA City of Norwich Easter LC Meet 2014	Norwich		1
2:39.27	262	F	02/11/13	City of Bristol SC Level 3 LC Open Meet	Bristol		3
2:47.83	224	H	13/07/13	Wycombe District SC End of Season Meet	Wycombe		3