Individual Best Times (All Time)

Daniel Gencas - (1129633) - Loughborough University Swimming - 50 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
27.84	605	F	06/05/24	SE East Midlands Regional LC Championships 2024	Derby	Lboro Uni	1
27.88	602	F	22/01/22	Swim England Essex Age Group Championships 2022	London	Bark & Dagen	1
27.90	601	Н	22/01/22	Swim England Essex Age Group Championships 2022	London	Bark & Dagen	1
27.92	600	Н	06/05/24	SE East Midlands Regional LC Championships 2024	Derby	Lboro Uni	1
28.12	587	Н	12/03/23	Derventio eXcel Early March Meet 2023	Sheffield	Lboro Uni	1
28.19	583	F	05/05/19	London 2019 Long Course Summer Championships	London Aquatics Cnt	Romford Town	1
28.30	576	Н	05/05/19	London 2019 Long Course Summer Championships	London Aquatics Cnt	Romford Town	1
28.59	558	Н	01/02/20	Essex Age Group Championships 2020	London	Romford Town	1
28.65	555	F	02/02/19	ESSEX AGE GROUP CHAMPS 2019	LONDON	Romford Town	1
28.76	549	F	01/02/20	Essex Age Group Championships 2020	London	Romford Town	1
28.82	545	Н	23/07/19	British Summer Championships	Glasgow	Romford Town	1
29.26	521	Н	24/07/18	British Summer Championships	Sheffield	Romford Town	1
29.31	518	F	06/05/18	2018 London Swimming Regional Summer Champs	Stratford	Romford Town	1
29.42	512	Н	02/02/19	ESSEX AGE GROUP CHAMPS 2019	LONDON	Romford Town	1
29.44	511	Н	13/04/19	Newham & East London L1 National Qualifying Meet	London	Romford Town	1
29.79	494	F	03/02/18	Essex Age Group Championships 2018	London	Romford Town	1
29.92	487	F	11/03/18	WDSC Long Course Premier Open Meet	Wycombe	Romford Town	1
30.04	481	Н	06/05/18	2018 London Swimming Regional Summer Champs	Stratford	Romford Town	1
30.10	478	Н	14/04/18	N&EL L1 National Qualifying Meet	London	Romford Town	1
30.10	478	Н	24/11/18	RTSC Early County Qualifiers 2018	London	Romford Town	3
30.15	476	F	25/05/18	Cardiff International Open Meet	Cardiff	Romford Town	1
30.61	455	Н	03/02/18	Essex Age Group Championships 2018	London	Romford Town	1
30.62	454	F	24/03/19	Wycombe Swimming's 4th LC Premier Meet	Wycombe	Romford Town	1
30.70	451	Н	25/05/18	Cardiff International Open Meet	Cardiff	Romford Town	1
30.84	445	Н	14/07/18	RTSC End of Season Open Meet 2018	London Aquatic Ctr	Romford Town	3
31.29	426	Н	04/11/17	2017 London Swimming Regional Winter Champs	London	Romford Town	1
right 202	440	ц	05/11/17	Domford Town Early County Oualifian	Landan Aquatica	Powered By SPORT	

Powered By SPORTSYSTEMS

51.03	410	п	20/11/1/	nomiora rown eany county qualiner	LONGON AQUALICS		Page 2/3
31.83	405	Н	14/05/17	2017 London Swimming Regional AG Champs	Stratford	Romford Town	1
32.07	395	F	14/05/17	2017 London Swimming Regional AG Champs	Stratford	Romford Town	1
32.15	393	н	15/04/17	Team Luton April Long Course Meet 2017	Luton	Romford Town	1
32.24	389	Н	04/02/17	Essex Age Group Championships	London	Romford Town	1
32.24	389	Н	04/02/17	Essex Age Group Championships 2017	Basildon	Romford Town	1
32.24	389	Н	15/07/17	RTSC End of Season Meet 2017	London	Romford Town	3
32.90	366	F	04/02/17	Essex Age Group Championships	London	Romford Town	1
32.90	366	F	04/02/17	Essex Age Group Championships 2017	Basildon	Romford Town	1
33.24	355	Н	26/11/16	Romford Town County Qualifiers Meet 2016	London	Romford Town	3
34.35	322	F	06/02/16	Essex Age Group Championships 2016	London	Romford Town	1
34.35	322	F	06/02/16	Essex Age Group Championships 2016	Basildon	Romford Town	1
34.60	315	Н	08/05/16	London Region Age Grp Summer Championships	Crystal Palace	Romford Town	1
34.91	306	Н	06/02/16	Essex Age Group Championships 2016	London	Romford Town	1
34.91	306	Н	06/02/16	Essex Age Group Championships 2016	Basildon	Romford Town	1
37.10	255	F	19/04/14	UEA City of Norwich Easter LC Meet 2014	Norwich		1
38.18	234	Н	12/07/14	London ASA Region Sprint Meet	Crystal Palace		3
38.19	234	Н	25/10/14	Rushmoor Royals 11th Autumn Meet	Aldershot		1
39.67	209	Н	24/11/13	Essex Winter Long Course Competition	Basildon		1
41.58	181	F	02/11/13	City of Bristol SC Level 3 LC Open Meet	Bristol		3
41.86	178	F	13/07/13	Wycombe District SC End of Season Meet	Wycombe		3
42.19	173	F	11/05/13	Wycombe District SC 7th Annual LC Sprint	Wycombe		3

Swims in Date Order

27.84 605 F 0605/24 SE East Midlands Regional LC Championships 2024 Derby Lboro Uni 27.92 600 H 06/05/24 SE East Midlands Regional LC Championships 2024 Derby Lboro Uni 28.12 587 H 12/03/23 Derventio eXcall Early March Med 2023 Sheffield Lboro Uni 27.86 601 H 22/01/22 Swim England Essex Age Group Championships 2022 London Bark & Dagen 27.87 611 H 22/01/22 Swim England Essex Age Group Championships 2020 London Bark & Dagen 28.76 549 F 01/02/20 Essex Age Group Championships 2020 London Romford Town 28.82 645 H 23/07/19 British Summer Championships London Aquatics Cnt Romford Town 28.43 576 H 05/05/19 London 2019 Long Course Summer Championships London Romford Town 30.62 454 F 24/03/19 Wycombe Swimming's 4th LC Premier Meet Wycombe Romford Town 30.64 455 <th>Time</th> <th>WA Pts</th> <th>Round</th> <th>Date</th> <th>Meet</th> <th>Venue</th> <th>Club Swam Under</th> <th>Leve</th>	Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Leve
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29.31518F06/05/182018 London Swimming Regional Summer ChampsStratfordRomford Town30.04481H06/05/182018 London Swimming Regional Summer ChampsStratfordRomford Town30.10478H14/04/18N&EL L1 National Qualifying MeetLondonRomford Town29.92487F11/03/18WDSC Long Course Premier Open MeetWycombeRomford Town29.79494F03/02/18Essex Age Group Championships 2018LondonRomford Town30.61455H03/02/18Essex Age Group Championships 2018London AquaticsRomford Town31.69410H25/11/17Romford Town Early County QualifierLondon AquaticsRomford Town31.29426H04/11/172017 London Swimming Regional Winter ChampsLondonRomford Town32.24389H15/07/17RTSC End of Season Meet 2017LondonRomford Town	30.15	476	F	25/05/18	Cardiff International Open Meet	Cardiff	Romford Town	1
30.04481H06/05/182018 London Swimming Regional Summer ChampsStratfordRomford Town30.10478H14/04/18N&EL L1 National Qualifying MeetLondonRomford Town29.92487F11/03/18WDSC Long Course Premier Open MeetWycombeRomford Town29.79494F03/02/18Essex Age Group Championships 2018LondonRomford Town30.61455H03/02/18Essex Age Group Championships 2018LondonRomford Town31.69410H25/11/17Romford Town Early County QualifierLondon AquaticsRomford Town31.29426H04/11/172017 London Swimming Regional Winter ChampsLondonRomford Town32.24389H15/07/17RTSC End of Season Meet 2017LondonRomford Town	30.70	451	Н	25/05/18	Cardiff International Open Meet	Cardiff	Romford Town	1
30.10478H14/04/18N&EL L1 National Qualifying MeetLondonRomford Town29.92487F11/03/18WDSC Long Course Premier Open MeetWycombeRomford Town29.79494F03/02/18Essex Age Group Championships 2018LondonRomford Town30.61455H03/02/18Essex Age Group Championships 2018LondonRomford Town31.69410H25/11/17Romford Town Early County QualifierLondon AquaticsRomford Town31.29426H04/11/172017 London Swimming Regional Winter ChampsLondonRomford Town32.24389H15/07/17RTSC End of Season Meet 2017LondonRomford Town	29.31	518	F	06/05/18	2018 London Swimming Regional Summer Champs	Stratford	Romford Town	1
29.92487F11/03/18WDSC Long Course Premier Open MeetWycombeRomford Town29.79494F03/02/18Essex Age Group Championships 2018LondonRomford Town30.61455H03/02/18Essex Age Group Championships 2018LondonRomford Town31.69410H25/11/17Romford Town Early County QualifierLondon AquaticsRomford Town31.29426H04/11/172017 London Swimming Regional Winter ChampsLondonRomford Town32.24389H15/07/17RTSC End of Season Meet 2017LondonRomford Town	30.04	481	Н	06/05/18	2018 London Swimming Regional Summer Champs	Stratford	Romford Town	1
29.79494F03/02/18Essex Age Group Championships 2018LondonRomford Town30.61455H03/02/18Essex Age Group Championships 2018LondonRomford Town31.69410H25/11/17Romford Town Early County QualifierLondon AquaticsRomford Town31.29426H04/11/172017 London Swimming Regional Winter ChampsLondonRomford Town32.24389H15/07/17RTSC End of Season Meet 2017LondonRomford Town	30.10	478	Н	14/04/18	N&EL L1 National Qualifying Meet	London	Romford Town	1
30.61455H03/02/18Essex Age Group Championships 2018LondonRomford Town31.69410H25/11/17Romford Town Early County QualifierLondon AquaticsRomford Town31.29426H04/11/172017 London Swimming Regional Winter ChampsLondonRomford Town32.24389H15/07/17RTSC End of Season Meet 2017LondonRomford Town	29.92	487	F	11/03/18	WDSC Long Course Premier Open Meet	Wycombe	Romford Town	1
31.69410H25/11/17Romford Town Early County QualifierLondon AquaticsRomford Town31.29426H04/11/172017 London Swimming Regional Winter ChampsLondonRomford Town32.24389H15/07/17RTSC End of Season Meet 2017LondonRomford Town	29.79	494	F	03/02/18	Essex Age Group Championships 2018	London	Romford Town	1
31.29 426 H 04/11/17 2017 London Swimming Regional Winter Champs London Romford Town 32.24 389 H 15/07/17 RTSC End of Season Meet 2017 London Romford Town	30.61	455	Н	03/02/18	Essex Age Group Championships 2018	London	Romford Town	1
32.24 389 H 15/07/17 RTSC End of Season Meet 2017 London Romford Town	31.69	410	Н	25/11/17	Romford Town Early County Qualifier	London Aquatics	Romford Town	3
	31.29	426	Н	04/11/17	2017 London Swimming Regional Winter Champs	London	Romford Town	1
rright 2024 Powered By SPORTSYS	32.24	389	Н	15/07/17	RTSC End of Season Meet 2017	London	Romford Town	3
	right 2024	4	-			~ ~ ·	Powered By SPOR	rsyst

32.07	395	F	14/05/17	2017 London Swimming Regional AG Champs	Stratford	Romford Town	Page 3 / 3 1
31.83	405	Н	14/05/17	2017 London Swimming Regional AG Champs	Stratford	Romford Town	1
32.15	393	Н	15/04/17	Team Luton April Long Course Meet 2017	Luton	Romford Town	1
32.90	366	F	04/02/17	Essex Age Group Championships	London	Romford Town	1
32.90	366	F	04/02/17	Essex Age Group Championships 2017	Basildon	Romford Town	1
32.24	389	Н	04/02/17	Essex Age Group Championships	London	Romford Town	1
32.24	389	Н	04/02/17	Essex Age Group Championships 2017	Basildon	Romford Town	1
33.24	355	Н	26/11/16	Romford Town County Qualifiers Meet 2016	London	Romford Town	3
34.60	315	Н	08/05/16	London Region Age Grp Summer Championships	Crystal Palace	Romford Town	1
34.35	322	F	06/02/16	Essex Age Group Championships 2016	Basildon	Romford Town	1
34.35	322	F	06/02/16	Essex Age Group Championships 2016	London	Romford Town	1
34.91	306	Н	06/02/16	Essex Age Group Championships 2016	London	Romford Town	1
34.91	306	Н	06/02/16	Essex Age Group Championships 2016	Basildon	Romford Town	1
38.19	234	Н	25/10/14	Rushmoor Royals 11th Autumn Meet	Aldershot		1
38.18	234	Н	12/07/14	London ASA Region Sprint Meet	Crystal Palace		3
37.10	255	F	19/04/14	UEA City of Norwich Easter LC Meet 2014	Norwich		1
39.67	209	Н	24/11/13	Essex Winter Long Course Competition	Basildon		1
41.58	181	F	02/11/13	City of Bristol SC Level 3 LC Open Meet	Bristol		3
41.86	178	F	13/07/13	Wycombe District SC End of Season Meet	Wycombe		3
42.19	173	F	11/05/13	Wycombe District SC 7th Annual LC Sprint	Wycombe		3