

# Individual Best Times (All Time)

Daniel Gencas - (1129633) - Loughborough University Swimming - 50 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
27.84	605	F	06/05/24	SE East Midlands Regional LC Championships 2024	Derby	Lboro Uni	1
27.88	602	F	22/01/22	Swim England Essex Age Group Championships 2022	London	Bark & Dagen	1
27.90	601	H	22/01/22	Swim England Essex Age Group Championships 2022	London	Bark & Dagen	1
27.92	600	H	06/05/24	SE East Midlands Regional LC Championships 2024	Derby	Lboro Uni	1
28.12	587	H	12/03/23	Derventio eXcel Early March Meet 2023	Sheffield	Lboro Uni	1
28.19	583	F	05/05/19	London 2019 Long Course Summer Championships	London Aquatics Cnt	Romford Town	1
28.30	576	H	05/05/19	London 2019 Long Course Summer Championships	London Aquatics Cnt	Romford Town	1
28.59	558	H	01/02/20	Essex Age Group Championships 2020	London	Romford Town	1
28.65	555	F	02/02/19	ESSEX AGE GROUP CHAMPS 2019	LONDON	Romford Town	1
28.76	549	F	01/02/20	Essex Age Group Championships 2020	London	Romford Town	1
28.82	545	H	23/07/19	British Summer Championships	Glasgow	Romford Town	1
29.26	521	H	24/07/18	British Summer Championships	Sheffield	Romford Town	1
29.31	518	F	06/05/18	2018 London Swimming Regional Summer Champs	Stratford	Romford Town	1
29.42	512	H	02/02/19	ESSEX AGE GROUP CHAMPS 2019	LONDON	Romford Town	1
29.44	511	H	13/04/19	Newham & East London L1 National Qualifying Meet	London	Romford Town	1
29.79	494	F	03/02/18	Essex Age Group Championships 2018	London	Romford Town	1
29.92	487	F	11/03/18	WDSC Long Course Premier Open Meet	Wycombe	Romford Town	1
30.04	481	H	06/05/18	2018 London Swimming Regional Summer Champs	Stratford	Romford Town	1
30.10	478	H	14/04/18	N&EL L1 National Qualifying Meet	London	Romford Town	1
30.10	478	H	24/11/18	RTSC Early County Qualifiers 2018	London	Romford Town	3
30.15	476	F	25/05/18	Cardiff International Open Meet	Cardiff	Romford Town	1
30.61	455	H	03/02/18	Essex Age Group Championships 2018	London	Romford Town	1
30.62	454	F	24/03/19	Wycombe Swimming's 4th LC Premier Meet	Wycombe	Romford Town	1
30.70	451	H	25/05/18	Cardiff International Open Meet	Cardiff	Romford Town	1
30.84	445	H	14/07/18	RTSC End of Season Open Meet 2018	London Aquatic Ctr	Romford Town	3
31.29	426	H	04/11/17	2017 London Swimming Regional Winter Champs	London	Romford Town	1
31.60	410	H	25/11/17	Romford Town Early County Qualifier	London Aquatics	Romford Town	3

31.89	410	H	23/11/17	Romford Town Early County Qualifier	London Aquatics	Romford Town	3
31.83	405	H	14/05/17	2017 London Swimming Regional AG Champs	Stratford	Romford Town	1
32.07	395	F	14/05/17	2017 London Swimming Regional AG Champs	Stratford	Romford Town	1
32.15	393	H	15/04/17	Team Luton April Long Course Meet 2017	Luton	Romford Town	1
32.24	389	H	04/02/17	Essex Age Group Championships	London	Romford Town	1
32.24	389	H	04/02/17	Essex Age Group Championships 2017	Basildon	Romford Town	1
32.24	389	H	15/07/17	RTSC End of Season Meet 2017	London	Romford Town	3
32.90	366	F	04/02/17	Essex Age Group Championships	London	Romford Town	1
32.90	366	F	04/02/17	Essex Age Group Championships 2017	Basildon	Romford Town	1
33.24	355	H	26/11/16	Romford Town County Qualifiers Meet 2016	London	Romford Town	3
34.35	322	F	06/02/16	Essex Age Group Championships 2016	London	Romford Town	1
34.35	322	F	06/02/16	Essex Age Group Championships 2016	Basildon	Romford Town	1
34.60	315	H	08/05/16	London Region Age Grp Summer Championships	Crystal Palace	Romford Town	1
34.91	306	H	06/02/16	Essex Age Group Championships 2016	London	Romford Town	1
34.91	306	H	06/02/16	Essex Age Group Championships 2016	Basildon	Romford Town	1
37.10	255	F	19/04/14	UEA City of Norwich Easter LC Meet 2014	Norwich		1
38.18	234	H	12/07/14	London ASA Region Sprint Meet	Crystal Palace		3
38.19	234	H	25/10/14	Rushmoor Royals 11th Autumn Meet	Aldershot		1
39.67	209	H	24/11/13	Essex Winter Long Course Competition	Basildon		1
41.58	181	F	02/11/13	City of Bristol SC Level 3 LC Open Meet	Bristol		3
41.86	178	F	13/07/13	Wycombe District SC End of Season Meet	Wycombe		3
42.19	173	F	11/05/13	Wycombe District SC 7th Annual LC Sprint	Wycombe		3

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27.88	602	F	22/01/22	Swim England Essex Age Group Championships 2022	London	Bark & Dagen	1
27.90	601	H	22/01/22	Swim England Essex Age Group Championships 2022	London	Bark & Dagen	1
28.76	549	F	01/02/20	Essex Age Group Championships 2020	London	Romford Town	1
28.59	558	H	01/02/20	Essex Age Group Championships 2020	London	Romford Town	1
28.82	545	H	23/07/19	British Summer Championships	Glasgow	Romford Town	1
28.19	583	F	05/05/19	London 2019 Long Course Summer Championships	London Aquatics Cnt	Romford Town	1
28.30	576	H	05/05/19	London 2019 Long Course Summer Championships	London Aquatics Cnt	Romford Town	1
29.44	511	H	13/04/19	Newham & East London L1 National Qualifying Meet	London	Romford Town	1
30.62	454	F	24/03/19	Wycombe Swimming's 4th LC Premier Meet	Wycombe	Romford Town	1
28.65	555	F	02/02/19	ESSEX AGE GROUP CHAMPS 2019	LONDON	Romford Town	1
29.42	512	H	02/02/19	ESSEX AGE GROUP CHAMPS 2019	LONDON	Romford Town	1
30.10	478	H	24/11/18	RTSC Early County Qualifiers 2018	London	Romford Town	3
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30.61	455	H	03/02/18	Essex Age Group Championships 2018	London	Romford Town	1
31.69	410	H	25/11/17	Romford Town Early County Qualifier	London Aquatics	Romford Town	3
31.29	426	H	04/11/17	2017 London Swimming Regional Winter Champs	London	Romford Town	1
32.24	389	H	15/07/17	RTSC End of Season Meet 2017	London	Romford Town	3

32.07	395	F	14/05/17	2017 London Swimming Regional AG Champs	Stratford	Romford Town	1
31.83	405	H	14/05/17	2017 London Swimming Regional AG Champs	Stratford	Romford Town	1
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32.90	366	F	04/02/17	Essex Age Group Championships 2017	Basildon	Romford Town	1
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41.58	181	F	02/11/13	City of Bristol SC Level 3 LC Open Meet	Bristol		3
41.86	178	F	13/07/13	Wycombe District SC End of Season Meet	Wycombe		3
42.19	173	F	11/05/13	Wycombe District SC 7th Annual LC Sprint	Wycombe		3