

Individual Best Times (All Time)

Iona Colbert - (1123221) - Edinburgh University - 200 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:15.57	749	F	26/07/22	British Summer Championships	Sheffield	Nova Cent'n	1
2:17.19	723	F	08/04/22	British Championships 2022	Sheffield	Nova Cent'n	1
2:17.57	717	C	13/03/22	Edinburgh International 2022	Edinburgh		1
2:17.97	710	H	08/04/22	British Championships 2022	Sheffield	Nova Cent'n	1
2:19.04	694	H	07/07/22	European Junior Championships 2022	Bucharest		1
2:19.65	685	H	13/03/22	Edinburgh International 2022	Edinburgh		1
2:20.07	679	F	29/04/23	East Midlands Regional LC Championships 2023	Derby	Nova Cent'n	1
2:20.28	676	H	26/07/22	British Summer Championships	Sheffield	Nova Cent'n	1
2:21.23	662	F	26/07/19	British Summer Championships	Glasgow	Nova Cent'n	1
2:21.44	659	F	15/03/20	2020 London Region Spring Open Meet	London	Arnold	1
2:22.66	643	H	01/02/20	Nottinghamshire ASA County Championships 2020	Nottingham	Arnold	1
2:22.68	642	H	29/04/23	East Midlands Regional LC Championships 2023	Derby	Nova Cent'n	1
2:22.98	638	H	05/02/22	Nottinghamshire ASA County Championships 2022	Harvey Hadden	Arnold	1
2:23.11	637	H	07/04/23	British Swimming Championships 2023	Sheffield	Nova Cent'n	1
2:23.29	634	H	26/07/19	British Summer Championships	Glasgow	Nova Cent'n	1
2:23.83	627	H	26/03/22	City of Sheffield Swim Squad Premier Open Meet 22	Sheffield	Nova Cent'n	1
2:24.39	620	H	04/02/23	Nottinghamshire ASA County Championships 2023	Nottingham	Arnold	1
2:24.90	613	F	04/06/21	British Swimming Glasgow Meet 2021 Juniors	Glasgow		1
2:25.03	612	H	26/07/23	British Summer Championships	Sheffield	Nova Cent'n	1
2:25.10	611		24/02/19	McCullagh International Meet	Bangor		1
2:25.24	609	F	26/03/22	City of Sheffield Swim Squad Premier Open Meet 22	Sheffield	Nova Cent'n	1
2:25.32	608	F	19/05/19	SE East Midlands Region Champs 2019 Gala 3	Sheffield	Nova Cent'n	1
2:25.45	606	H	21/12/19	Northampton Swimming Club Winter Festival	Corby	Nova Cent'n	1
2:25.66	604	F	08/05/22	SE East Midland Regional Long Course Championships	Sheffield	Nova Cent'n	1
2:25.88	601		11/03/23	Swedish Grand Prix 2023	Kungsbacka	S Eng Reg	1
2:25.96	600	H	08/05/22	SE East Midland Regional Long Course Championships	Sheffield	Nova Cent'n	1
2:26.23	598	H	26/01/20	2020 Luxembourg Euro Meet 2020	Luxembourg	Nova Cent'n	1

2:20.29	596	H	26/01/20	22nd Luxembourg Euro Meet 2020	Luxembourg	Nova Cent'n	1
2:27.70	579	H	19/05/19	SE East Midlands Region Champs 2019 Gala 3	Sheffield	Nova Cent'n	1
2:28.40	571	H	27/05/18	DX 2nd Long Course Open Meet	Sheffield	Grantham	1
2:28.52	569		24/02/19	McCullagh International Meet	Bangor		1
2:28.55	569	H	30/03/19	City of Sheffield Swim Squad Premier Meet	Sheffield	Nova Cent'n	1
2:31.04	541	H	24/03/18	City of Sheffield Swim Squad Premier Meet 2018	Sheffield	Grantham	1
2:31.15	540	H	12/05/19	Nova Centurion May Level 1 LC Open Meet	Nottingham	Nova Cent'n	1
2:32.43	527	H	04/08/18	Swim England National Summer Meet	Sheffield	Grantham	1
2:32.63	525	H	20/05/18	Nova Centurion May Level 1 LC Open Meet	Nottingham	Grantham	1
2:33.82	513	F	30/03/19	City of Sheffield Swim Squad Premier Meet	Sheffield	Nova Cent'n	1
2:34.48	506	H	29/04/18	Swim England East Midland Championships 2018	Corby	Grantham	1
2:37.93	474	H	14/05/17	Nova Centurion May Level 1 LC Open Meet	Nottingham	Grantham	1
2:40.14	454	H	21/10/17	Nova Centurion SC October Level 1 Open Meet	Nottingham	Grantham	1
2:49.89	380	H	30/04/17	ASA EM Region Age Group Champs 2017	Corby	Grantham	1
2:53.59	356	H	08/05/16	Rotherham Metro Level One Long Course Meet	Sheffield	Grantham	1
2:55.00	348	H	16/04/16	Lincoln Vulcans Long Course L1 Open Meet	Sheffield	Grantham	1

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:25.03	612	H	26/07/23	British Summer Championships	Sheffield	Nova Cent'n	1
2:20.07	679	F	29/04/23	East Midlands Regional LC Championships 2023	Derby	Nova Cent'n	1
2:22.68	642	H	29/04/23	East Midlands Regional LC Championships 2023	Derby	Nova Cent'n	1
2:23.11	637	H	07/04/23	British Swimming Championships 2023	Sheffield	Nova Cent'n	1
2:25.88	601		11/03/23	Swedish Grand Prix 2023	Kungsbacka	S Eng Reg	1
2:24.39	620	H	04/02/23	Nottinghamshire ASA County Championships 2023	Nottingham	Arnold	1
2:15.57	749	F	26/07/22	British Summer Championships	Sheffield	Nova Cent'n	1
2:20.28	676	H	26/07/22	British Summer Championships	Sheffield	Nova Cent'n	1
2:19.04	694	H	07/07/22	European Junior Championships 2022	Bucharest		1
2:25.66	604	F	08/05/22	SE East Midland Regional Long Course Championships	Sheffield	Nova Cent'n	1
2:25.96	600	H	08/05/22	SE East Midland Regional Long Course Championships	Sheffield	Nova Cent'n	1
2:17.19	723	F	08/04/22	British Championships 2022	Sheffield	Nova Cent'n	1
2:17.97	710	H	08/04/22	British Championships 2022	Sheffield	Nova Cent'n	1
2:25.24	609	F	26/03/22	City of Sheffield Swim Squad Premier Open Meet 22	Sheffield	Nova Cent'n	1
2:23.83	627	H	26/03/22	City of Sheffield Swim Squad Premier Open Meet 22	Sheffield	Nova Cent'n	1
2:17.57	717	C	13/03/22	Edinburgh International 2022	Edinburgh		1
2:19.65	685	H	13/03/22	Edinburgh International 2022	Edinburgh		1
2:22.98	638	H	05/02/22	Nottinghamshire ASA County Championships 2022	Harvey Hadden	Arnold	1
2:24.90	613	F	04/06/21	British Swimming Glasgow Meet 2021 Juniors	Glasgow		1
2:21.44	659	F	15/03/20	2020 London Region Spring Open Meet	London	Arnold	1
2:22.66	643	H	01/02/20	Nottinghamshire ASA County Championships 2020	Nottingham	Arnold	1
2:26.29	596	H	26/01/20	22nd Luxembourg Euro Meet 2020	Luxembourg	Nova Cent'n	1
2:25.45	606	H	21/12/19	Northampton Swimming Club Winter Festival	Corby	Nova Cent'n	1
2:21.23	662	F	26/07/19	British Summer Championships	Glasgow	Nova Cent'n	1
2:23.29	634	H	26/07/19	British Summer Championships	Glasgow	Nova Cent'n	1
2:25.32	608	F	19/05/19	SE East Midlands Region Champs 2019 Gala 3	Sheffield	Nova Cent'n	1
2:27.70	579	H	19/05/19	SE East Midlands Region Champs 2019 Gala 3	Sheffield	Nova Cent'n	1
2:31.15	540	H	12/05/19	Nova Centurion May Level 1 LC Open Meet	Nottingham	Nova Cent'n	1
2:33.82	513	F	30/03/19	City of Sheffield Swim Squad Premier Meet	Sheffield	Nova Cent'n	1
2:28.55	569	H	30/03/19	City of Sheffield Swim Squad Premier Meet	Sheffield	Nova Cent'n	1
2:28.52	569		24/02/19	McCullagh International Meet	Bangor		1
2:25.10	611		24/02/19	McCullagh International Meet	Bangor		1
2:32.43	527	H	04/08/18	Swim England National Summer Meet	Sheffield	Grantham	1
2:28.40	571	H	27/05/18	DX 2nd Long Course Open Meet	Sheffield	Grantham	1

2:32.63	525	H	20/05/18	Nova Centurion May Level 1 LC Open Meet	Nottingham	Grantham	1
2:34.48	506	H	29/04/18	Swim England East Midland Championships 2018	Corby	Grantham	1
2:31.04	541	H	24/03/18	City of Sheffield Swim Squad Premier Meet 2018	Sheffield	Grantham	1
2:40.14	454	H	21/10/17	Nova Centurion SC October Level 1 Open Meet	Nottingham	Grantham	1
2:37.93	474	H	14/05/17	Nova Centurion May Level 1 LC Open Meet	Nottingham	Grantham	1
2:49.89	380	H	30/04/17	ASA EM Region Age Group Champs 2017	Corby	Grantham	1
2:53.59	356	H	08/05/16	Rotherham Metro Level One Long Course Meet	Sheffield	Grantham	1
2:55.00	348	H	16/04/16	Lincoln Vulcans Long Course L1 Open Meet	Sheffield	Grantham	1