

Individual Best Times (All Time)

Rory Plewes - (1120922) - Alton & District Swimming Club - 50 Backstroke - Long Course

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|-------|--------|-------|----------|---|------------|-----------------|-------|
| 34.75 | 311 | F | 08/05/16 | Portsmouth Northsea LC Sprint Meet 2016 | Portsmouth | Alton & Dist | 3 |

Swims in Date Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|-------|--------|-------|----------|---|------------|-----------------|-------|
| 34.75 | 311 | F | 08/05/16 | Portsmouth Northsea LC Sprint Meet 2016 | Portsmouth | Alton & Dist | 3 |