

# Individual Best Times (All Time)

Molly Aspinall - (1119389) - Oxford University SC - 400 Freestyle - Long Course

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:29.97	362	F	16/12/17	Portsmouth Northsea Christmas Meet	Portsmouth	Hamble Aq	3

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