

Individual Best Times (All Time)

Alicia Cole - (1117327) - Adwick (Doncaster) SC - 100 Breaststroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:23.74	449	H	26/05/18	Plymouth Leander Level 1 National Qualifier	Plymouth		1
1:24.09	443	H	05/05/18	North East Region Championships	Sheffield	Donc Dartes	1
1:24.37	439	H	13/01/18	City of Derby 17th LC Level 1 Licensed Open Meet	Sheffield	Donc Dartes	1
1:24.46	437	H	05/02/17	Yorkshire SA County Championships	Leeds	Donc Dartes	1
1:25.46	422	H	07/02/16	Yorkshire County Championships	Leeds	Donc Dartes	1
1:25.62	420	H	04/11/17	ASA North East Region Senior Junior Champs	Sheffield	Donc Dartes	1
1:26.25	411	H	15/04/17	City of Leeds National Qualifier 2017	Leeds	Donc Dartes	1
1:26.29	410	H	22/05/16	ASANER Regional Championships 2016	Sheffield	Donc Dartes	1
1:26.37	409	H	23/04/16	City of Leeds National Qualifying Meet 2016	Leeds	Donc Dartes	1
1:26.48	407	F	15/04/17	City of Leeds National Qualifier 2017	Leeds	Donc Dartes	1
1:26.56	406	H	21/01/17	City of Sunderland SC New Year Meet 2017	Sunderland	Donc Dartes	1
1:26.72	404	H	21/05/17	ASA North East Region Championships	Sunderland	Donc Dartes	1
1:26.85	402	H	22/07/17	City of Sheffield Summer Meet	Sheffield	Donc Dartes	3
1:27.17	398	F	20/03/16	City of Sunderland National Qualifier	Sunderland	Donc Dartes	1
1:27.48	393	H	20/03/16	City of Sunderland National Qualifier	Sunderland	Donc Dartes	1
1:27.64	391	H	30/05/15	Sports Aid Long Course Licensed Meet	Leeds		1
1:27.82	389	F	24/04/16	City of Leeds National Qualifying Meet 2016	Leeds	Donc Dartes	1
1:28.01	386		16/07/16	Doncaster Dartes End of Season Long Course Meet	Leeds	Donc Dartes	3
1:30.08	360		01/05/15	Doncaster Dartes May Day Meet	Leeds	Dearne Vall	3
1:30.26	358	H	07/06/15	ASA North East Regional Age Group Championships	Sheffield		1
1:30.46	356	H	11/04/15	Stockport Metro April LC Open Meet	Stockport		1
1:31.17	348	H	22/02/15	Yorkshire County Championships	Leeds		1
1:32.24	336	F	22/02/15	Yorkshire County Championships	Leeds		1
1:38.72	274	H	10/05/14	Lincoln Vulcans Long Course L3 Open Meet	Sheffield	Dearne Vall	3
1:39.04	271	H	26/04/14	Stocksbridge Pentaqua Spring Open Meet	Sheffield	Dearne Vall	3
1:40.35	260	H	26/07/14	CO Sheffield Swim Squad End of Season Summer	Sheffield		3
1:40.78	257	H	20/08/14	Medway Dolphins The 20th Dolphins Open Meet	Sheffield		3

1:40.70	237	H	30/08/14	worksop Dolphins The 30th Dukeries Open meet	Sheffield		
1:46.81	216	H	02/02/14	Sheffield & District ASA Championships	Sheffield	Dearne Vall	4
1:50.36	196	H	31/08/13	Worksop Dolphins SC The 29th Dukeries	Sheffield	Dearne Vall	3

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