

# Individual Best Times (All Time)

Harry Degen - (1116248) - Staines Swimming Club - 400 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:44.30	463	F	03/08/17	Swim Wales Summer Nationals	Swansea	Staines	1
4:48.76	442	F	26/03/17	MCASA Open Meet	London	Staines	1
4:49.24	440	F	27/01/19	2019 Middlesex County Championships	London	Staines	1
4:50.78	433	F	04/08/16	Swim Wales Summer Nationals	Swansea	Staines	1
4:52.95	423	F	14/05/16	MCASA Long Course Open Meet	Guildford	Staines	1

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