

Individual Best Times (All Time)

Natasha Holroyd - (1115638) - Rushmoor Royals SC - 50 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
30.45	466	H	07/07/19	RRSC End of Season Summer Meet 2019	Aldershot	Rushmoor Ryl	3
30.50	463	H	13/01/18	Berks & Sth Bucks County Championships	Wycombe	Windsor	1
30.53	462	H	20/03/16	Rushmoor Royals L1 Spring National Qualifier	Aldershot	Windsor	1
30.93	444	F	18/11/17	Team Bath AS Autumn Level 1 & Level 3 Open Meet	Hengrove	Windsor	1
31.05	439	H	10/11/19	Rushmoor Royals County Sprint Qualifier 2019	Aldershot	Rushmoor Ryl	3
31.10	437	H	15/09/19	RRSC Club Championships 2019	Aldershot		4
31.53	419	F	27/03/16	Portsmouth Northsea Easter Festival	Portsmouth	Windsor	1
31.71	412	H	14/05/16	ASA South East Region Swimming Championships	Crawley	Windsor	1
31.71	412	H	31/03/18	Millfield Super Series	Millfield	Rushmoor Ryl	1
31.87	406	F	02/04/16	Guildford City Springboard Level 1 Open Meet	Guildford	Windsor	1
32.04	400	F	08/07/17	City of Bristol Summer Festival	Bristol		3
32.32	389	F	26/03/17	Aquae Sulis Grand Prix	Bristol	Windsor	1
32.55	381	F	19/03/17	Atlantis Regional-National Chaser Open Meet	Crawley	Windsor	1
35.69	289	F	15/11/14	Crawley Not so Early Bird Gala	Crawley	Windsor	3

Swims in Date Order

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31.10	437	H	15/09/19	RRSC Club Championships 2019	Aldershot		4
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31.71	412	H	31/03/18	Millfield Super Series	Millfield	Rushmoor Ryl	1
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