

Individual Best Times (All Time)

James Murphy - (1115637) - Maidenhead ASC - 200 Breaststroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|--|--------------|-----------------|-------|
| 2:33.90 | 542 | H | 15/01/22 | Berkshire & South Bucs County & Age Group Champs | Wycombe | Wycombe Dist | 1 |
| 2:36.15 | 518 | F | 13/03/22 | 2022 Wycombe Long Course Premier Meet | High Wycombe | | 1 |
| 2:38.66 | 494 | H | 29/01/23 | Berkshire & South Bucs County & Age Group Champs | High Wycombe | Wycombe Dist | 1 |
| 2:39.83 | 483 | H | 01/05/23 | SE South East Region Summer Championships 2023 | Wycombe | | 1 |
| 2:40.51 | 477 | F | 19/02/23 | Wycombe Dual Award L3 LC Meet 2023 | High Wycombe | | 3 |
| 2:44.68 | 442 | H | 11/01/20 | BSBASA County Championships | Wycombe | Windsor | 1 |
| 2:47.22 | 422 | H | 12/01/19 | Berkshire & S Buckinghamshire County Champs 2019 | Wycombe | Windsor | 1 |
| 2:47.48 | 420 | F | 07/04/19 | Crawley Spring Open | Crawley | Windsor | 1 |
| 2:50.27 | 400 | H | 14/04/19 | Newham & East London L1 National Qualifying Meet | London | Windsor | 1 |
| 2:51.95 | 388 | F | 03/07/21 | Wycombe Summer LC Invitation Meet | High Wycombe | | 3 |
| 2:53.18 | 380 | H | 13/01/18 | Berks & Sth Bucks County Championships | Wycombe | Windsor | 1 |
| 2:53.51 | 378 | H | 09/03/19 | Windsor LC Level 3 Regional Chaser Open Meet | Guildford | Windsor | 3 |
| 2:58.97 | 344 | H | 10/03/18 | Windsor LC L3 Regional Chaser Open Meet | Aldershot | Windsor | 3 |
| 3:13.66 | 272 | H | 25/03/17 | Bracknell Wokingham Spring Level 3 Open Meet | Aldershot | Windsor | 3 |
| 3:24.16 | 232 | F | 10/04/16 | Crawley Spring Open Meet 2016 | Crawley | Windsor | 3 |
| 4:01.03 | 141 | F | 19/07/14 | Portsmouth Northsea SC PN End of Season Meet | Portsmouth | Windsor | 3 |

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