

Individual Best Times (All Time)

James Murphy - (1115637) - Maidenhead ASC - 400 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:55.30	553	H	30/01/22	Berkshire & South Bucs County & Age Group Champs	Wycombe	Wycombe Dist	1
4:56.29	548	F	11/03/22	2022 Wycombe Long Course Premier Meet	High Wycombe		1
5:07.49	490	F	02/05/22	Swim England South East Summer Championships	Wycombe		1
5:11.13	473	H	26/01/20	BSBASA County Championships	Wycombe	Windsor	1
5:28.02	404	H	28/01/18	Berks & Sth Bucks County Championships	Wycombe	Windsor	1
5:54.75	319	H	15/05/16	ASA South East Region Swimming Championships	Crawley	Windsor	1
6:07.05	288	F	10/04/16	Crawley Spring Open Meet 2016	Crawley	Windsor	3

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