

# Individual Best Times (All Time)

Emma Lavery - (1114266) - Gateshead & Whickham SC - 400 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:05.06	459	H	04/02/18	N & D 2018 Championships	Sunderland	Gates &Whick	1
5:05.06	459	H	04/02/18	N & D 2018 Championships	Sunderland	Gates &Whick	1
5:38.10	337	H	22/01/17	City of Sunderland SC New Year Meet 2017	Sunderland	Gates &Whick	1

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