

Individual Best Times (All Time)

Kahlen Arundell - (1111057) - Black Lion SC - 400 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:03.23	467	H	02/02/20	2020 Kent ASA Swimming Championships	Crystal Palace	Gravesend	1
5:12.02	429	H	12/05/19	Swim England 14 Under Swimming Championships 2019	Crawley	Gravesend	1
5:14.27	420	F	06/04/19	Crawley Spring Open	Crawley	Gravesend	1
5:16.03	413	H	26/01/19	Kent Swimming Championships 2019	Crystal Palace	Gravesend	1
5:23.16	386	H	20/01/18	Kent Swimming Championships 2018	Crystal Palace	Gravesend	1
5:42.70	324	H	16/04/17	BPSC Easter Meet 2017	Basildon	Gravesend	1

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