## **Individual Best Times (All Time)**

Lauren Kent - (1105305) - Staines Swimming Club - 50 Backstroke - Long Course Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
32.86	546	F	26/01/19	2019 Middlesex County Championships	London	Staines	1
33.06	536	Н	26/01/19	2019 Middlesex County Championships	London	Staines	1
33.24	527	Н	05/05/18	Swim England South East Championships 2018	Wycombe	Staines	1
33.28	525	F	27/01/18	MCASA 2018 County Age Group & Youth Championships	London	Staines	1
33.35	522	Н	29/04/17	ASA South East Region Championships 2017	Wycombe	Staines	1
33.64	509	Н	27/01/18	MCASA 2018 County Age Group & Youth Championships	London	Staines	1
33.73	504	F	23/03/19	Wycombe Swimming's 4th LC Premier Meet	Wycombe	Staines	1
34.00	493	Н	26/05/18	London Swimming 2018 Long Course Summer Open	London	Staines	1
34.01	492	F	25/03/17	MCASA Open Meet	London	Staines	1
34.03	491	F	19/11/17	Team Bath AS Autumn Level 1 & Level 3 Open Meet	Hengrove	Staines	1
34.04	491	Н	25/03/17	MCASA Open Meet	London	Staines	1
34.26	481	F	10/03/18	WDSC Long Course Premier Open Meet	Wycombe	Staines	1
34.38	476	F	27/05/17	2017 London Swimming May Open Meet	London	Staines	1
34.39	476	Н	31/07/18	Swim Wales Summer Nationals	Swansea	Staines	1

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
33.73	504	F	23/03/19	Wycombe Swimming's 4th LC Premier Meet	Wycombe	Staines	1
32.86	546	F	26/01/19	2019 Middlesex County Championships	London	Staines	1
33.06	536	Н	26/01/19	2019 Middlesex County Championships	London	Staines	1
34.39	476	Н	31/07/18	Swim Wales Summer Nationals	Swansea	Staines	1
34.00	493	Н	26/05/18	London Swimming 2018 Long Course Summer Open	London	Staines	1
33.24	527	Н	05/05/18	Swim England South East Championships 2018	Wycombe	Staines	1
34.26	481	F	10/03/18	WDSC Long Course Premier Open Meet	Wycombe	Staines	1
33.28	525	F	27/01/18	MCASA 2018 County Age Group & Youth Championships	London	Staines	1
33.64 2024 Copyright	509 4	Н	27/01/18	MCASA 2018 County Age Group & Youth Championships	London	Staines Powered By SPORT	1 SYSTEMS

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34.03	491	F	19/11/17	Team Bath AS Autumn Level 1 & Level 3 Open Meet	Hengrove	Staines	1
34.38	476	F	27/05/17	2017 London Swimming May Open Meet	London	Staines	1
33.35	522	Н	29/04/17	ASA South East Region Championships 2017	Wycombe	Staines	1
34.01	492	F	25/03/17	MCASA Open Meet	London	Staines	1
34.04	491	Н	25/03/17	MCASA Open Meet	London	Staines	1

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