

# Individual Best Times (All Time)

George Smith - (1104842) - University Of Stirling - 400 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:17.31	837	F	04/04/24	Speedo Aquatics GB Swimming Championships 2024	London	UniOfStirl	1
4:22.43	789	F	09/03/24	Edinburgh International 2024	Edinburgh		1
4:22.99	784	H	04/04/24	Speedo Aquatics GB Swimming Championships 2024	London	UniOfStirl	1
4:24.00	775	F	27/05/23	Glasgow International Swim Meet	Tollcross		1
4:24.13	773	H	24/02/24	BUCS Long Course Swimming Championships 2023-24	Sheffield		1
4:26.31	755	F	07/04/22	British Championships 2022	Sheffield	Leamington	1
4:27.18	747	H	07/04/22	British Championships 2022	Sheffield	Leamington	1
4:29.63	727	H	25/02/23	BUCS Long Course Swimming Championships 2023	Sheffield		1
4:30.91	717	F	25/05/24	AP Race International 2024	London	UniOfStirl	1
4:31.57	712	F	05/06/21	British Swimming Glasgow Meet 2021 Seniors	Glasgow		1
4:31.74	710	H	27/05/23	Glasgow International Swim Meet	Tollcross		1
4:31.77	710	H	04/06/21	British Swimming Glasgow Meet 2021 Seniors	Glasgow		1
4:32.67	703	H	11/07/21	European Junior Swimming Championships 2021	Rome		1
4:33.06	700	C	12/03/22	Edinburgh International 2022	Edinburgh		1
4:33.39	697	H	09/03/24	Edinburgh International 2024	Edinburgh		1
4:33.88	694	H	01/05/22	West Midlands Region 2022 Regional Championships	Coventry	Leamington	1
4:34.24	691	F	25/07/19	British Summer Championships	Glasgow	Ellesmere Co	1
4:34.32	690	F	01/05/22	West Midlands Region 2022 Regional Championships	Coventry	Leamington	1
4:34.62	688	F	11/02/22	Middle East Open and Junior Championships	Dubai		1
4:35.83	679	H	28/05/22	Glasgow International Swim Meet	Glasgow		1
4:35.83	679	H	25/05/24	AP Race International 2024	London	UniOfStirl	1
4:36.74	672	H	12/03/22	Edinburgh International 2022	Edinburgh		1
4:37.62	666	H	18/04/19	British Championships 2019	Glasgow	Ellesmere Co	1
4:38.46	660	C	14/03/20	Edinburgh International	Edinburgh		1
4:39.30	654	H	25/07/19	British Summer Championships	Glasgow	Ellesmere Co	1
4:40.66	645	F	22/06/19	2019 Long Course Summer Open	London	Ellesmere Co	1
4:40.88	642	H	22/02/19	City of Sunderland National Qualifier 2019	Sunderland	Ellesmere Co	1

4:40.00	643	F	23/03/19	City of Sunderland National Qualifier 2019	Sunderland	Ellesmere Co	1
4:40.93	643	F	26/07/18	British Summer Championships	Sheffield	Ellesmere Co	1
4:42.38	633	H	11/02/22	Middle East Open and Junior Championships	Dubai		1
4:43.11	628	H	14/03/20	Edinburgh International	Edinburgh		1
4:45.34	613	H	26/07/18	British Summer Championships	Sheffield	Ellesmere Co	1
4:45.86	610	C	01/07/18	Scottish National Open Championships	Tollcross	Ellesmere Co	1
4:46.11	608	F	17/02/19	Team Bath Grand Prix Level 1 Meet	Hengrove LC	Ellesmere Co	1
4:48.04	596	H	29/02/20	ESSA 70th National Inter-Divisional Championships	Sheffield		1
4:48.09	596	H	01/07/18	Scottish National Open Championships	Tollcross	Ellesmere Co	1
4:50.70	580	H	18/01/19	10e Trophée National des Hortillons	France	Ellesmere Co	1
4:51.93	573	F	18/01/19	10e Trophée National des Hortillons	France	Ellesmere Co	1
4:52.21	571	H	12/05/18	Manchester Open Meet 2018	Manchester	Ellesmere Co	1
4:52.81	568	F	29/04/18	Swim England West Midlands Championships	Coventry	Ellesmere Co	1
4:56.71	545	F	18/02/18	Team Bath Grand Prix	Bristol	Ellesmere Co	1
4:59.18	532	H	29/04/18	Swim England West Midlands Championships	Coventry	Ellesmere Co	1

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