

# Individual Best Times (All Time)

Thomas Mccarthy - (1104762) - Swinton SC - 400 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:21.70	594	H	07/04/19	Derventio Excel 13th Long Course Open Meet	Sheffield	Co Salford	1
4:25.10	572	H	27/01/19	Lancs County WPSA Age Groups & Championships 2019	Manchester	Co Salford	1
4:28.77	548	H	24/03/18	City of Sheffield Swim Squad Premier Meet 2018	Sheffield	Co Salford	1
4:29.03	547	H	27/04/19	2019 SENW Summer Championships	Manchester	Co Salford	1
4:30.40	539	H	28/01/18	Lancs County WPSA Age Groups & Championships	Manchester	Co Salford	1
4:30.78	536	H	08/04/18	Derventio Excel 12th Long Course Open Meet	Sheffield	Co Salford	1
4:30.94	535	H	04/11/17	Swim England Noth West Region Winter Champs	Manchester	Co Salford	1
4:31.04	535	H	13/05/18	Manchester Open Meet 2018	Manchester	Co Salford	1
4:34.10	517	H	27/05/18	DX 2nd Long Course Open Meet	Sheffield	Co Salford	1
4:34.58	514	H	27/05/17	ASA North West Region Summer Championships	Manchester	Co Salford	1
4:34.77	513	H	28/04/18	2018 SENW Summer Championships	Manchester	Co Salford	1
4:35.55	509	H	16/09/17	The Robin Hood Open Meet 2017	Sheffield	Co Salford	3
4:40.73	481	F	14/05/17	Manchester Open Meet 2017	Manchester	Co Salford	1
4:42.83	471	H	05/02/17	Lancashire County Championships	Manchester	Co Salford	1
4:52.49	425	H	01/10/16	Sherwood Colliery The Robin Hood Open Meet 2016	Sheffield	Co Salford	3
4:59.54	396	F	08/05/16	Manchester Open Meet 2016	Manchester	Co Salford	1
5:08.13	364	H	31/01/16	Lancashire County WPSA Age Group & Championships	Manchester	Co Salford	1

## Swims in Date Order

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