

Individual Best Times (All Time)

Sophie Jenkinson - (1103148) - Rochford & District SC - 200 Breaststroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
3:09.35	383	H	29/10/17	Essex Senior Winter Championships 2017	Basildon	Basildon Ph	1
3:11.58	370	H	28/05/17	ASA East Region Long Course Championships	Norwich	Basildon Ph	1
3:11.65	369	H	16/04/17	BPSC Easter Meet 2017	Basildon	Basildon Ph	1
3:14.13	355	H	27/05/18	East Swimming Long Course Championships 2018	Luton	Basildon Ph	1
3:15.87	346	H	14/05/17	BPSC Spring Long Course Meet	Basildon	Basildon Ph	1
3:16.16	344	H	18/02/18	Essex Age Group Championships 2018	Basildon	Basildon Ph	1
3:19.58	327	H	19/02/17	Essex Age Group Championships 2017	Basildon	Basildon Ph	1
3:27.66	290	H	27/03/16	Basildon & Phoenix Easter LC Meet 2016	Basildon	Basildon Ph	1
3:29.37	283	H	21/02/16	Essex Age Group Championships 2016	Basildon	Basildon Ph	1
3:32.72	270	H	24/07/16	BPSC End of Season Meet 2016	Basildon	Basildon Ph	3
3:56.65	196	H	04/04/15	Basildon & Phoenix LC Easter Meet	Basildon		1
4:18.56	150	H	19/07/14	Basildon & Phoenix End of Season Meet	Basildon		3

Swims in Date Order

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3:14.13	355	H	27/05/18	East Swimming Long Course Championships 2018	Luton	Basildon Ph	1
3:16.16	344	H	18/02/18	Essex Age Group Championships 2018	Basildon	Basildon Ph	1
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