

Individual Best Times (All Time)

Sophie Jenkinson - (1103148) - Rochford & District SC - 200 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:22.70	494	H	16/02/19	Essex Age Group Champs 2019	Basildon	Basildon Ph	1
2:24.59	475	H	21/01/18	Essex Age Group Championships 2018	Basildon	Basildon Ph	1
2:24.67	474	H	28/05/18	East Swimming Long Course Championships 2018	Luton	Basildon Ph	1
2:30.82	418	H	15/04/17	BPSC Easter Meet 2017	Basildon	Basildon Ph	1
2:35.67	380	H	22/01/17	Essex Age Group Championships 2017	Basildon	Basildon Ph	1
2:35.67	380	H	22/01/17	Essex Age Group Championships	London	Basildon Ph	1
2:35.67	380	H	22/01/17	Essex Age Group Championships 2017	Basildon	Basildon Ph	1
2:37.33	369	H	07/05/16	BPSC Non Regional Qualifiers Gala	Basildon	Basildon Ph	3
2:45.75	315	H	24/01/16	Essex Age Group Championships 2016	Basildon	Basildon Ph	1
2:45.75	315	H	24/01/16	Essex Age Group Championships 2016	Basildon	Basildon Ph	1
2:57.97	254	H	04/04/15	Basildon & Phoenix LC Easter Meet	Basildon		1
3:03.48	232	H	18/07/15	Basildon & Phoenix LC End of Season Meet	Basildon		3
3:27.76	160	H	19/07/14	Basildon & Phoenix End of Season Meet	Basildon		3

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2:57.97	254	H	04/04/15	Basildon & Phoenix LC Easter Meet	Basildon	1
3:27.76	160	H	19/07/14	Basildon & Phoenix End of Season Meet	Basildon	3