

Individual Best Times (All Time)

Sophie Jenkinson - (1103148) - Rochford & District SC - 400 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:47.75	446	H	20/01/18	Essex Age Group Championships 2018	Basildon	Basildon Ph	1
5:59.23	405	H	22/07/17	BPSC End of Season Meet 2017	Basildon	Basildon Ph	3
7:05.67	243	H	18/07/15	Basildon & Phoenix LC End of Season Meet	Basildon		3

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