

Individual Best Times (All Time)

Sophie Jenkinson - (1103148) - Rochford & District SC - 200 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:45.00	446	H	21/04/19	BPSC Easter Meet 2019	Basildon	Basildon Ph	1
2:45.63	441	H	17/02/19	Essex Age Group Champs 2019	Basildon	Basildon Ph	1
2:48.61	418	H	21/01/18	Essex Age Group Championships 2018	Basildon	Basildon Ph	1
2:57.34	359	H	22/01/17	Essex Age Group Championships 2017	Basildon	Basildon Ph	1
2:57.34	359	H	22/01/17	Essex Age Group Championships	London	Basildon Ph	1
2:57.34	359	H	22/01/17	Essex Age Group Championships 2017	Basildon	Basildon Ph	1
3:08.28	300	H	16/04/16	Team Luton April Long Course Meet	Luton	Basildon Ph	1
3:12.84	279	H	24/01/16	Essex Age Group Championships 2016	Basildon	Basildon Ph	1
3:12.84	279	H	24/01/16	Essex Age Group Championships 2016	Basildon	Basildon Ph	1
3:30.96	213	H	05/04/15	Basildon & Phoenix LC Easter Meet	Basildon		1
3:53.03	158	H	20/07/14	Basildon & Phoenix End of Season Meet	Basildon		3

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