

Individual Best Times (All Time)

Sophie Jenkinson - (1103148) - Rochford & District SC - 50 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
33.58	511	H	20/04/19	BPSC Easter Meet 2019	Basildon	Basildon Ph	1
34.27	481	H	01/02/20	Essex Age Group Championships 2020	London	Basildon Ph	1
34.35	478	H	27/05/19	Swim England East Region Long Course Champs 2019	UEA Sportspark	Basildon Ph	1
34.78	460	H	02/02/19	ESSEX AGE GROUP CHAMPS 2019	LONDON	Basildon Ph	1
34.89	456	H	02/04/22	SE East Region Development Competition 2022	Norwich	Basildon Ph	1
35.75	424	H	31/03/18	BPSC Easter Meet 2018	Basildon	Basildon Ph	1
35.76	423	H	03/02/18	Essex Age Group Championships 2018	London	Basildon Ph	1
35.85	420	H	28/05/18	East Swimming Long Course Championships 2018	Luton	Basildon Ph	1
36.98	383	H	15/04/17	BPSC Easter Meet 2017	Basildon	Basildon Ph	1
37.03	381	H	25/02/24	2024 Essex County Age Group Championships	London	Rochford	1
37.58	365	H	22/01/22	Swim England Essex Age Group Championships 2022	London	Basildon Ph	1
39.18	322	H	04/02/17	Essex Age Group Championships 2017	Basildon	Basildon Ph	1
39.18	322	H	04/02/17	Essex Age Group Championships	London	Basildon Ph	1
39.55	313	H	26/03/16	Basildon & Phoenix Easter LC Meet 2016	Basildon	Basildon Ph	1
40.14	299	H	17/04/16	Team Luton April Long Course Meet	Luton	Basildon Ph	1
40.93	282	H	06/02/16	Essex Age Group Championships 2016	Basildon	Basildon Ph	1
40.93	282	H	06/02/16	Essex Age Group Championships 2016	London	Basildon Ph	1
44.38	221	H	05/04/15	Basildon & Phoenix LC Easter Meet	Basildon		1
44.95	213	H	31/05/15	BPSC Level 1 Sprint & 400m No Frills Meet	Basildon		1
49.18	162	H	20/07/14	Basildon & Phoenix End of Season Meet	Basildon		3

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
37.03	381	H	25/02/24	2024 Essex County Age Group Championships	London	Rochford	1
34.89	456	H	02/04/22	SE East Region Development Competition 2022	Norwich	Basildon Ph	1
37.58	365	H	22/01/22	Swim England Essex Age Group Championships 2022	London	Basildon Ph	1

34.27	481	H	01/02/20	Essex Age Group Championships 2020	London	Basildon Ph	1
34.35	478	H	27/05/19	Swim England East Region Long Course Champs 2019	UEA Sportspark	Basildon Ph	1
33.58	511	H	20/04/19	BPSC Easter Meet 2019	Basildon	Basildon Ph	1
34.78	460	H	02/02/19	ESSEX AGE GROUP CHAMPS 2019	LONDON	Basildon Ph	1
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