

# Individual Best Times (All Time)

Matthew Alford - (1102526) - Woking SC - 100 Backstroke - Long Course

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:21.79	251	H	10/03/18	Windsor LC L3 Regional Chaser Open Meet	Aldershot	Woking	3

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