

# Individual Best Times (All Time)

Ciaran Cromwell - (1100941) - Bracknell & Wokingham SC - 400 Individual Medley - Long Course

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
6:25.50	248	H	18/10/14	Bracknell & Wokingham SC 2014 Club Championships	Aldershot		4

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