

Individual Best Times (All Time)

Evie Gregory - (983726) - Derby Excel Swimming Club

Long Course

| Stroke | LC Time | Converted to SC | LC WA Pts | Date | Meet | Venue | Licence | Level |
|-----------------|---------|-----------------|-----------|----------|--|-----------|----------|-------|
| 50 Freestyle | 32.02 | 31.40 | 400 | 13/05/18 | Rotherham Metro Springtime Long Course Meet | Sheffield | NE180132 | 3 |
| 100 Freestyle | 1:11.85 | 1:10.70 | 372 | 21/04/18 | Stocksbridge Spring Open | Sheffield | NE180244 | 3 |
| 200 Freestyle | 2:37.18 | 2:35.00 | 370 | 20/01/19 | Rotherham Metro A & B Long Course Graded Meet | Sheffield | NE190112 | 3 |
| 400 Freestyle | 5:39.29 | 5:35.10 | 333 | 02/09/18 | Sheffield & District Championships | Sheffield | NE180824 | 4 |
| 50 Breaststroke | 51.32 | 50.70 | 183 | 03/12/16 | Bo Barnsley 21st Annual Christmas Sprint | Sheffield | NE160960 | 3 |
| 50 Butterfly | 36.16 | 35.60 | 308 | 12/05/18 | Rotherham Metro Springtime Long Course Meet | Sheffield | NE180132 | 3 |
| 100 Butterfly | 1:23.18 | 1:22.30 | 296 | 20/04/19 | STOCKSBRIDGE SPRING OPEN MEET 2019 | SHEFFIELD | NE190193 | 3 |
| 50 Backstroke | 38.35 | 37.80 | 343 | 23/09/18 | City of Sheffield 36th Annual Teaspoon Gala 2018 | Sheffield | NE180167 | 3 |
| 100 Backstroke | 1:22.05 | 1:21.10 | 341 | 20/04/19 | STOCKSBRIDGE SPRING OPEN MEET 2019 | SHEFFIELD | NE190193 | 3 |
| 200 Backstroke | 2:59.91 | 2:58.00 | 320 | 08/09/19 | Sheffield & District ASA Championships | Sheffield | NE191611 | 4 |

Short Course

| Stroke | SC Time | Converted to LC | SC WA Pts | Date | Meet | Venue | License | Level |
|-----------------------|----------|-----------------|-----------|----------|---|-------------|----------|-------|
| 50 Freestyle | 31.90 | 32.50 | 371 | 14/07/18 | Rotherham Metro A & B Grade SC | Sheffield | NE180245 | 3 |
| 100 Freestyle | 1:08.63 | 1:09.80 | 392 | 15/07/18 | Rotherham Metro A & B Grade SC | Sheffield | NE180245 | 3 |
| 200 Freestyle | 2:30.19 | 2:32.50 | 396 | 21/06/19 | Scarborough Seaside Splash Meet | Scarborough | NE190429 | 3 |
| 400 Freestyle | 5:22.39 | 5:26.70 | 369 | 14/07/18 | Rotherham Metro A & B Grade SC | Sheffield | NE180245 | 3 |
| 800 Freestyle | 11:41.40 | 11:49.60 | 315 | 22/10/17 | Long Eaton Distance Meet | Derby | EM171474 | 3 |
| 50 Breaststroke | 53.77 | 54.40 | 146 | 11/09/15 | Borough of Barnsley Club Championships 2015 | Dearnside | NE151995 | 4 |
| 100 Breaststroke | 1:51.15 | 1:52.30 | 176 | 09/09/16 | Borough of Barnsley Club Championships | Goldthorpe | NE162052 | 4 |
| 50 Butterfly | 36.27 | 36.80 | 303 | 14/07/19 | BOBSC 12th Annual Summer Sizzler | Leeds | NE191474 | 3 |
| 100 Butterfly | 1:21.87 | 1:22.80 | 287 | 08/07/18 | BOBSC 11th Annual Summer Sizzler | Leeds | NE180767 | 3 |
| 50 Backstroke | 36.70 | 37.20 | 325 | 12/10/19 | BOBSC Club Championships | Dearnside | NE192656 | 4 |
| 100 Backstroke | 1:17.04 | 1:18.10 | 361 | 14/07/18 | Rotherham Metro A & B Grade SC | Sheffield | NE180245 | 3 |
| 200 Backstroke | 2:48.19 | 2:50.20 | 353 | 13/10/18 | BOBSC Club Championships | Goldthorpe | NE182434 | 4 |
| 200 Individual Medley | 3:15.16 | 3:17.20 | 243 | 11/11/16 | Borough of Barnsley Club Championships | Goldthorpe | NE162054 | 4 |
| 100 Individual Medley | 1:27.94 | 1:27.90 | 265 | 05/03/17 | Doncaster Dartes March Sprints | Adwick | NE170458 | 3 |