

Individual Best Times (All Time)

Richard Hayward - (983259) - Hemel Hempstead SC

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	36.25	36.80	172	01/02/15	Hertsmere Flyers Last Chance No Frills Qualifier	Hendon	ER150179	3
100 Freestyle	1:28.94	1:29.90	128	19/10/14	Hemel Hempstead SC 101st Birthday Open	Hemel Hempstead	ER4170	3
200 Freestyle	3:10.51	3:12.30	141	01/02/15	Hertsmere Flyers Last Chance No Frills Qualifier	Hendon	ER150179	3
50 Breaststroke	54.21	54.80	97	22/11/14	Hemel Hempstead Club Championships	Hemel Hempstead	ER14692	4
100 Breaststroke	2:02.76	2:03.80	91	21/11/14	Hemel Hempstead Club Championships	Hemel Hempstead	ER14692	4
50 Backstroke	47.62	48.00	100	29/11/14	Hemel Hempstead Club Championships	Hemel Hempstead	ER14693	4
100 Individual Medley	1:39.12	1:39.10	122	19/10/14	Hemel Hempstead SC 101st Birthday Open	Hemel Hempstead	ER4170	3